



Our sunless tanning system offers completely safe, highly effective sunless tanning treatment.

Spray tanning is the smart, fast way to get a deep, dark tan without spending time in a tanning bed or sitting in the sun. The key to getting the best results from your spray tan is to prepare your skin prior to your tanning appointment.

Preparing before spray tan is crucial; what **YOU** do can mean a difference between a good & a bad spray tan. If you choose not to follow our skin preparation & aftercare advice **WE CANNOT** accept responsibility for the results following application & no refunds will be issued.

How spray tan works:

The spray tanning solution affects only the dead skin cells. Your skin has a build up of dead skin cells on top of it, the thicker the layer the sooner it will rub off. Exfoliating reduces the layer & will take a while for it to “build up” again; so your tan will last longer. Your tan will last 5-10 days depending on how well you prepare & take care of your tan afterwards. If you spray tan regularly your skin will get used to the spray & hold the colour longer.

Considerations:

Always take your own skin tone into account before a spray tan. A person with very fair skin is not going to get the same results from spray tanning as someone who has dark skin to begin with.

Preparation before your appointment:

1. Use an exfoliating body gel, cream or scrub to remove any dead skin, leaving behind a clean surface for the spray tan to work with. Do this for a week before your tanning appointment. Pay close attention to areas of skin that are prone to dryness such as the elbows, hands, knees & ankles.
2. Shaving/waxing should also be done at this point; as it's advised not to shave for 24 hrs after the tan is applied.
3. After exfoliating & shaving, towel dry skin & apply moisturiser to keep the surface smooth & soft.
4. It is important to use either exfoliating glove or products that don't contain any oils; otherwise the oily barrier can stop the spray tanning solution getting through.
5. **NEVER** have a spray tan if you are sunburnt. Sunburn or intense sun exposure increase the risk of your skin blistering or peeling. Your tan will be uneven & may come off in patches.

On your appointment date:

1. Don't wear tight fitting jeans, leggings/tights etc; wear loose clothing, to make sure nothing rubs off.
2. Don't wear make-up, perfumes or deodorant. Deodorant, perfume & make-up products can act as a barrier & stop the spray tanning solution getting through.
3. Don't wear jewellery.
4. Leave it on for at least 5 hours you may choose to go to bed & shower in the morning.
5. Avoid all bathing, showering & any exercise that may cause excessive perspiration for 5 hours or more. Please note this also includes placing your hands in water to wash up etc,

Aftercare for your spray tan:

1. After your tan you have to guard it from becoming dry & rubbing off. The best way to do it is to moisturise it morning & night.
2. Use moisturising products to shower with. Some soaps are too harsh, using them can take tan off in patches. If you have to use the soap, use good quality ones that moisturise. Better still; a gentle shower gel will be much better for your spray tanned skin.
3. After a bath or shower DO NOT over rub the skin - pat dry with soft towel.
4. Don't go swimming: chlorine will bleach your tan.
5. When the spray tan eventually fades, scrub it off with an exfoliator so you have smooth, even skin.